



WHOLE GRAIN CALZONES - CHEESE PIZZA

ITEM NO.	PACK SIZE	FOOD BASED STATEMENT	CS/PALLET	GROSS WEIGHT
215B	80/5 oz.	2 M/MA, 2 Grain EQ, 1/8 C Red Veg	56 cs	27 lb.
325M (IW)	80/5 oz.	2 M/MA, 2 Grain EQ, 1/8 C Red Veg	56 cs	27 lb.

INGREDIENTS

Mozzarella Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose [Prevent Caking], Natamycin), Water, Whole Wheat Flour, Tomato Paste, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Contains Less Than 2% Of Cellulose (Anti-caking), Garlic Powder, Modified Cellulose, Parmesan Cheese ([Pasteurized Cow's Milk, Cheese Culture, Salt, Enzymes] And Powdered Cellulose [Anti-caking]), Sea Salt, Seasoning (Sugar, Sea Salt, Dehydrated Garlic, Dehydrated Onion, Oregano Leaf, Basil Leaf, Anise, White Pepper, Black Pepper, Parsley Leaf, Red Pepper Seed, Turmeric, Canola Oil), Soybean Oil, Spice (Oregano, Basil, Red Pepper, And Parsley), Yeast.

ALLERGENS

Wheat, Milk, Soy.

PRODUCT HANDLING

- Thaw 2 hours prior to cooking
- Convection Oven: Bake 12-15 minutes at 350°F
- Cook before eating to an internal temperature of 165°F



FEATURES
Whole Grain • Available IW

Nutrition Facts

Serving Size
1 Calzone (5oz./142g)

Calories per serving
280

Percent daily values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
Total Fat 8g	10%	Total Carbohydrate 34g	12%
Saturated Fat 3.5g	18%	Dietary Fiber 1g	4%
Trans Fat 0g		Sugars 7g	
Cholesterol 20mg	7%	Protein 19g	
Sodium 450mg	20%		
Vitamin D 0%	Calcium 30%	Iron 10%	Potassium 8%

** The information on this panel is for general purposes only. Nutrition information is based on current data. The possibility exists that manufacturers may change their formulation without Gold Star's knowledge.