



HAM, EGG & CHEESE MUFFIN

ITEM NO.	PACK SIZE	FOOD BASED STATEMENT	CS/PALLET	GROSS WEIGHT
3224-12	12/4.2 oz.		105 cs	3.7 lb.

INGREDIENTS

Whole Grain English Muffin: Water, Whole Grain Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Contains Less Than 2% Of: Sugar, Wheat Gluten, Datem, Citric Acid, Fumaric Acid, Salt, Ascorbic Acid, Degermed Yellow Corn Flour, Degermed Yellow Cornmeal, Distilled Monoglycerides, Calcium Propionate And Potassium Sorbate (Preservatives), Soybean Oil, Calcium Sulfate, Acacia Gum, Enzymes, Calcium Phosphate, Vinegar. Egg Patty: Egg Whites, Egg Yolks, Modified Corn Starch, Salt, Xanthan Gum, Citric Acid. Ham: Cured With Water, Dextrose, Salt, Contains 2% Or Less Of Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite. Imitation Yellow American: Water, Soybean Oil, Hydrogenated Soybean Oil, Casein, Modified Food Starch, Dairy Product Solids, Maltodextrin, Sodium Citrate, Salt, Natural Flavor, Lactic Acid, Annatto And Paprika (Color), Sorbic Acid (Preservative), Sunflower Lecithin (Anti-sticking Agent).

ALLERGENS

Wheat, Egg, Milk

PRODUCT HANDLING

- To thaw: For best results, thaw before heating. Thaw sandwiches in refrigerator overnight. Sandwiches can be stored in refrigerator for up to 14 days.
- Convection Oven: From thawed state: heat sealed wrapped sandwich(es) in a preheated 275°F convection oven for 7-12 minutes. (Do not heat above 275°F.)
- Conventional Oven: From thawed state: heat sealed/wrapped sandwich(es) in a preheated 325°F conventional oven for 17-19 minutes.
- Microwave: Microwave for 1 minute on full power (1000 watts). Times may vary.



WHOLE GRAIN

FEATURES
Individually Wrapped • Whole Grain

Nutrition Facts

Serving Size
1 sandwich

Calories per serving **240**

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount/Serving	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 45mg	14%
Sodium 760mg	33%

Vitamin D 1mcg 6% • Calcium 159mg 10%

Amount/Serving	% Daily Value*
Total Carbohydrate 33g	11%
Dietary Fiber 3g	10%
Total Sugars 2g	
Includes <1g Added Sugars	1%
Protein 13g	

Iron 2mg 10% • Potassium 185mg 4%

** The information on this panel is for general purposes only. Nutrition information is based on current data. The possibility exists that manufacturers may change their formulation without Classic Delight's knowledge.