



HAM, EGG & CHEESE MUFFIN

| ITEM NO. | PACK SIZE | FOOD BASED STATEMENT | CS/PALLET | GROSS WEIGHT |
|----------|------------|----------------------|-----------|--------------|
| 3242 | 12/4.8 oz. | | 105 cs | 4.3 lb. |

INGREDIENTS

Whole Grain Pancake: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Egg, Soybean Oil, Buttermilk Solids, Dextrose, Whey Powder, Soy Lecithin, Salt, Baking Soda, Sodium Aluminum Phosphate, Mono Calcium Phosphate. Sausage Patty: Pork, Water, Contains 2% Or Less Of The Following: Salt, Dextrose, Sodium Phosphate, Flavorings, Sugar, Caramel Color, Bht, Propyl Gallate, Citric Acid. Egg Patty: Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Non Fat Dry Milk, Citric Acid.

ALLERGENS

Wheat, Soy, Egg, Milk

PRODUCT HANDLING

- To thaw: For best results, thaw before heating. Thaw sandwiches in refrigerator overnight. Sandwiches can be stored in refrigerator for up to 14 days.
- Convection Oven: From thawed state: heat sealed wrapped sandwich(es) in a preheated 275°F convection oven for 7-12 minutes. (Do not heat above 275°F.)
- Conventional Oven: From thawed state: heat sealed/wrapped sandwich(es) in a preheated 325°F conventional oven for 17-19 minutes.
- Microwave: Microwave for 1 minute on full power (1000 watts). Times may vary.



WHOLE
GRAIN

FEATURES

Individually Wrapped • Whole Grain

Nutrition Facts

Serving Size
1 sandwich

Calories per serving **390**

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| Amount/Serving | % Daily Value* |
|--------------------------|----------------|
| Total Fat 23g | 30% |
| Saturated Fat 7g | 34% |
| Trans Fat 0g | |
| Cholesterol 125mg | 42% |
| Sodium 640mg | 28% |
| Vitamin D 0.4mcg | 2% |
| Calcium 76mg | 6% |

| Amount/Serving | % Daily Value* |
|-------------------------------|----------------|
| Total Carbohydrate 31g | 10% |
| Dietary Fiber 2g | 7% |
| Total Sugars 10g | |
| Includes 4g Added Sugars | 8% |
| Protein 13g | |
| Iron 2mg | 10% |
| Potassium 117mg | 2% |

** The information on this panel is for general purposes only. Nutrition information is based on current data. The possibility exists that manufacturers may change their formulation without Classic Delight's knowledge.